Delivery of small interfering RNA for inhibition of endothelial cell apoptosis by hypoxia and serum deprivation

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Abstract
RNA interference (RNAi) for anti-angiogenic or pro-apoptotic factors in endothelial cells (ECs) has great potential for the treatment of ischemic diseases by promoting angiogenesis or inhibiting apoptosis. Here, we report the utility of small interfering RNA (siRNA) in inhibiting EC apoptosis induced by tumor necrosis factor-α (TNF-α). siRNA was designed and synthesized targeting tumor necrosis factor-α receptor-1 (TNFR-1) and Src homology 2 domain-containing protein tyrosine phosphatase-1 (SHP-1). Human umbilical vein endothelial cells (HUVECs) were cultured under in vitro hypoxic and serum-deprived conditions to simulate in vivo ischemic conditions. Two days after liposomal delivery of siRNA targeting TNFR-1 and SHP-1, significant silencing of each target (TNF-1; 76.5% and SHP-1; 97.2%) was detected. Under serum-deprived hypoxic (1% oxygen) conditions, TNF-α expression in HUVECs increased relative to normoxic (20% oxygen) and serum-containing conditions. Despite enhanced TNF-α expression, suppression of TNFR-1 or SHP-1 by siRNA delivery not only enhanced expression of angiogenic factors (KDR/Flk-1 and eNOS) and anti-apoptotic factor (Bcl-xL) but also reduced expression of a pro-apoptotic factor (Bax). Transfection of TNFR-1 or SHP-1 siRNA significantly decreased the HUVEC apoptosis while significantly enhancing HUVEC proliferation and capillary formation. The present study demonstrates that TNFR-1 and SHP-1 may be useful targets for the treatment of myocardial or hindlimb ischemia.

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Ischemia is associated with apoptosis of endothelial cells (ECs) due to hypoxia and deficiency of survival growth factors [1–4]. During the ischemic event, tumor necrosis factor-α (TNF-α) induces EC apoptosis, resulting in impaired angiogenesis [5,6]. Several molecules are known to mediate EC apoptosis induced by TNF-α, including Src homology 2 domain-containing protein tyrosine phosphatase-1 (SHP-1) [5,6], and tumor necrosis factor-α receptor-1 (TNFR-1) [7]. SHP-1 activated by TNF-α can inhibit EC proliferation and angiogenesis via the inactivation of vascular endothelial growth factor (VEGF) receptor-2 (KDR/Flk-1) in ECs [5,6,8,9]. In addition to its anti-angiogenic activity, SHP-1 also plays a significant role in apoptosis in many cell types [10–12]. Previous studies have reported upregulation of SHP-1 expression following myocardial or cerebral ischemia, which may contribute to the increased myocardial [12] or cerebral [13] infarction. TNFR-1 is also stimulated by TNF-α binding and negatively modulates angiogenesis through the inactivation of KDR/Flk-1 and subsequent inhibition of EC proliferation [7,14,15]. TNFR-1 activation by TNF-α upregulated after myocardial or hindlimb ischemia impairs angiogenesis and contributes to tissue apoptosis and the consequent progression of ischemic diseases [14,15]. We hypothesize that the specific silencing of gene expression using RNA interference (RNAi) could be used to interrupt anti-angiogenic and apoptotic signal pathways mediated by SHP-1 or TNFR-1. Silencing of SHP-1 or TNFR-1 expression with small interfering RNA (siRNA) may enhance the proliferative and angiogenic capacity of ECs and inhibit apoptosis of ECs under in vitro and in vivo ischemic conditions, thereby facilitating rescue of damaged tissues. Here, we examine the potential of siRNA targeting SHP-1 or TNFR-1 to improve the proliferative and angiogenic properties of human umbilical vein endothelial cells (HUVECs) under hypoxic and serum-deprived conditions, a simulated ischemic condition.

Materials and methods
siRNAs. All siRNAs were synthesized by Dharmacon (Lafayette, CO, USA). Two siRNAs were designed for targeting human TNFR-1 (GenBank Accession No. NM_001065) and human SHP-1 (GenBank Accession No. NM_080548). Green Fluorescent Protein (GFP) siRNA was used as a negative control [16]. The sequences for the sense and anti-sense strands of siRNAs are: (1) TNFR-1,
Gene Primer sequences (sense and anti-sense) Product size (bp)

TNFR-1 5'-ACC AAG TGC CAC AAA GGA AC-3', (anti-sense) 5'-GUA CAA GGU CCC UUU CUU-3'

SHP-1 5'-GGC TTC TGG GAG GAG TTG GAG-3', (anti-sense) 5'-GGC AGT TGG TAT TGG GGT-3'

KDR/Flik-1 5'-CAG GAC GCC ACC AGG AGC AG-3', (anti-sense) 5'-ATG ACG ACG CAA ACC CC-3'

eNOS 5'-GTT ATG AGC AAG CGA GTG AA-3', (anti-sense) 5'-GCC ACC GGCC ACA GAC GAA-3'

VEGF 5'-CTT GCC TCA TCG TCA TCG TC-3', (anti-sense) 5'-CTT GCC GCC ACG ACT CTC-3'

TNF-α 5'-TCA GCA GCA GCA ATG ACG ACG-3', (anti-sense) 5'-GTA GAG TGG ATG ATG ACG-3'

Bcl-XL 5'-TTG CAC ATG GTA GAC CGA ATG-3', (anti-sense) 5'-TCA AGG ACC CAC CGT GCT-3'

Bax 5'-GGA GAC GAG GAT GAC GTA GCA-3', (anti-sense) 5'-CCA GCC TTC CCA CCT GCT-3'

β-actin 5'-ATG CCA TAC ACC TTC ACC-3', (anti-sense) 5'-GCT ACT CCT GCC TGC-3'

Table 1

Primer sequences and PCR product sizes for target genes

GENE 5'-CAA AGG AAC CUU GGA CUU-3', (anti-sense) 5'-GUA CAA GGU CCC UUU CUU-3', (2) SHP-1, (sense) 5'-GGC TCC TGG GAG GAG TTG GAG-3', (3) GFP, (sense) 5'-GUA GAC GCC ACC GAA GCU CAA CUU-3', (anti-sense) 5'-GAA CCA CAG GGU CAG CUA GUG-3'. All siRNAs were generated by annealing equimolar amounts of complementary sense and anti-sense strands.

**siRNA transfection.** HUVECs (Cambrex, Walkersville, MD, USA) were cultured in EGM-2 medium (Cambrex) supplemented with the SingleQuot kit at 37°C and 5% CO₂. HUVECs at passage three were used for transfection. For examination of cell viability and apoptosis, HUVECs were seeded (10,000 cells per well) into 96-well polystyrene plates (Corning-Costar, Kennebunk, ME, USA) and allowed to attach overnight in EGM-2 medium. HUVECs were transfected with siRNAs complexed with Lipofectamine™ 2000 (1.0 mg/ml, Invitrogen, Carlsbad, CA, USA) as described by the vendor. Briefly, Lipofectamine diluted in serum-free Opti-MEM (Invitrogen) was added to the siRNAs pre-mixed with Opti-MEM at a 10:1 (w/w) ratio of Lipofectamine to siRNA (1 μg of siRNA per well) to EGM-2 medium in each well of the 96-well polystyrene plates. Growth medium was removed from the cells, and the EGM-2 medium containing Lipofectamine/siRNA complexes was immediately transferred to the cells. Transfection was performed in quadruplicate. For reverse transcription-polymerase chain reaction (RT-PCR) and real-time PCR, HUVECs seeded into each well of 6-well polystyrene plates (2.0 × 10⁵ cells per well) were transfected with siRNAs complexed with Lipofectamine at 2.5 (w/w) ratio of Lipofectamine to siRNA (1 μg of siRNA per well). After transfection, cells were allowed to grow for 2 days at 37°C and 5% CO₂. Transfection efficiency was determined by measuring glyceraldehyde-3-phosphate dehydrogenase (GAPDH) activity in HUVECs 2 days after transfection with human GAPDH siRNA (Ambion, Austin, TX, USA). GAPDH activity was measured using the GAPDH assay kit (Ambion) according to the manufacturer’s instructions. GAPDH activity of GAPDH siRNA-transfected HUVECs was expressed as a percent activity to that of GFP siRNA-transfected HUVECs.

**HUVEC culture under hypoxic and serum-free conditions.** Two days after transfection with SHP-1, TNFR-1, or GFP siRNA, HUVECs were cultured under hypoxic and serum-free conditions. EGM-2 medium was changed to EBM-2 (endothelial basal medium) without fetal bovine serum and growth factors, and siRNA-transfected HUVECs were further cultured for one or 2 days in a hypoxic incubator (MCO-18M, Sanyo, Japan) with 1% oxygen and 5% CO₂ at 37°C. Low oxygen content was maintained through the controlled supply of nitrogen gas to the incubator.

**RT-PCR.** Gene expression profiles in siRNA-transfected HUVECs after culture under hypoxic and serum-deprived conditions were examined with RT-PCR. Total RNA was isolated using the RNeasy Mini kit (Qiagen, Chatsworth, CA, USA) from each sample of cells (n = 4 per group). The RNA concentration was determined by measuring absorbance at 260 nm using a spectrophotometer. A reverse transcription reaction was performed with 1 μg pure total RNA using SuperScript™ III reverse transcriptase (Invitrogen). The synthesized cDNA was amplified by PCR with Platinum PCR Master Mix (Invitrogen). The sequences and product sizes of human-specific primers are listed in Table 1. The amplification conditions followed several steps: 5 min at 95°C, followed by 25–35 cycles of denaturing (94°C, 30 s), annealing (55–62°C, 30 s), and extension (72°C, 45 s) with a final extension at 72°C for 7 min. The PCR products were visualized by electrophoresis on a 2% agarose gel with ethidium bromide (E-Gel, Invitrogen).

**Quantitative real-time PCR (TaqMan method).** Quantitative real-time PCR was performed using a 7500 Fast Real-Time PCR System (Applied Biosystems, Foster City, CA, USA). Universal Fast PCR Master Mix (Applied Biosystems) was used for PCR. Quantification of gene expression in siRNA-transfected HUVECs was performed with TaqMan™ Gene Expression Assays (Applied Biosystems) for each target (TNFR-1: Hs0053568_g1, SHP-1: Hs00169359_m1, TNF-α: Hs00174128_m1, VEGF: Hs00173626_m1, KDR/Flk-1: Hs00176676_m1, eNOS: Hs00167166_m1, Bcl-2: Hs00169141_m1, Bax: Hs00180269_m1, and GAPDH: Hs00739032_m1). The relative expression level of target genes was determined by the comparative G method, whereby the target is normalized to the endogenous reference (GAPDH). The C valeur is the cycle number at which the fluorescence level reaches its threshold. The ΔC G was determined by subtracting the C G of GAPDH control from the C G of target gene [ΔC G = C G (target) – C G (GAPDH)]. The relative value of target to endogenous reference was described as the fold of GAPDH = 2 ΔC G [17]. The relative expression of TNFR-1 or SHP-1 siRNA-transfected HUVECs was normalized to that in GFP siRNA-transfected HUVECs.

**Determination of apoptotic activity.** One and 2 days after culture under hypoxic and serum-deprived conditions, the extent of apoptosis of siRNA-transfected HUVECs was determined by the terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick end-labeling (TUNEL) method using a commercially-available apoptosis detection kit (ApopTag™, Chemicon, Temecula, CA, USA). Cells stained with rhodamine (red) by a TUNEL staining method, whereby the target is normalized to the endogenous reference (GAPDH). The C valeur is the cycle number at which the fluorescence level reaches its threshold. The ΔC G was determined by subtracting the C G of GAPDH control from the C G of target gene [ΔC G = C G (target) – C G (GAPDH)]. The relative value of target to endogenous reference was described as the fold of GAPDH = 2 ΔC G [17]. The relative expression of TNFR-1 or SHP-1 siRNA-transfected HUVECs was normalized to that in GFP siRNA-transfected HUVECs.

**Cell viability measurement.** Cell viability was measured using the CellTiter 96® Aqueous One Solution assay kit (Promega, Madison, WI, USA). Cellular metabolic activity was determined using absorbance at 590 nm using a Victor3 Multilabel plate counter (Perkin-Elmer Life Sciences, Boston, MA, USA). The viability of siRNA-transfected HUVECs cultured under hypoxic (1% oxygen) and serum-free (EBM-2 medium) conditions for 1 or 2 days was converted to percent viability by comparison to that of HUVECs cultured under normal condition with normoxia (20% oxygen) and EGM-2 medium for the comparable time period.

**Capillary formation assay.** 48-well polystyrene plates were coated with Growth Factor Reduced Matrigel (GFR-Matrigel, BD...
Fig. 1. Silencing of target gene (TNFR-1 and SHP-1) expression by siRNA transfection. (A) RT-PCR of HUVECs for each target at 2 days after transfection with TNFR-1, SHP-1, or GFP siRNA. Quantitative real-time PCR of siRNA-transfected HUVECs (n = 3) for (B) TNFR-1 and (C) SHP-1. The expression of each gene in TNFR-1 or SHP-1 siRNA-transfected HUVECs was normalized to that in GFP siRNA-transfected HUVECs. TNFR-1 and SHP-1 siRNA delivery using Lipofectamine 2000 resulted in a significant and specific silencing of each molecule's expression compared with GFP siRNA delivery (*p < 0.01, **p < 0.05, ***p > 0.05).

Fig. 2. Gene expression profiles in siRNA-transfected HUVECs under hypoxic (1% oxygen) and survival factor-deprived (EBM-2 basal medium with no serum and growth factors) conditions. (A) RT-PCR for various molecules of siRNA-transfected HUVECs retrieved at days 1 and 2 after culture. Quantitative real-time PCR for (B) TNF-α, (C) VEGF, (D) KDR/Flik-1, (E) eNOS, (F) Bcl-xL, and (G) Bax. The gene expression levels of TNFR-1 or SHP-1 siRNA-transfected HUVECs (n = 4) at days 1 and 2 was normalized to that in GFP siRNA-transfected HUVECs (p < 0.01, **p < 0.05, compared to GFP siRNA group).
Biosciences, San Jose, CA, USA). Two days after transfection, siRNA-transfected HUVECs were detached with 0.05% (w/v) trypsin, suspended in EBM-2 basal medium, and seeded at 4.0 × 10^5/cm² onto GFR-Matrigel-coated plates. Cells were incubated under hypoxic (1% oxygen) and serum-deprived (EBM-2 medium) conditions at 37 °C and 5% CO₂. After 2 days of culture, the formation of capillary structures by HUVECs was examined microscopically.

Statistical analysis. Quantitative data are expressed as means ± standard deviation. Statistical analysis was performed by the unpaired Student's t test using InStat software (InStat 3.0, GraphPad Software Inc., San Diego, CA, USA). A value of p < 0.05 was considered to be statistically significant.

Results and discussion

Delivery of siRNA targeting TNFR-1 or SHP-1 specifically silences each target in HUVECs. In a preliminary transfection with GAPDH siRNA, 80% reduction of GAPDH activity was observed in HUVECs 2 days after transfection (Fig. 1A). The mRNA expression of TNFR-1 or SHP-1 was significantly reduced in HUVECs transfected with each siRNA compared to GFP siRNA-transfected or untransfected HUVECs (Fig. 1A). Quantitative real-time PCR analysis verified that groups treated with TNFR-1 or SHP-1 delivery resulted in 76.5% and 97.2% silencing, respectively, of each target molecule relative to the control group transfected with GFP siRNA (Fig. 1B and C).

Under hypoxic (1% oxygen) and serum-deprived conditions, silencing of TNFR-1 or SHP-1 expression led to an increase in the expression of angiogenic and anti-apoptotic factors and a decrease in the expression of pro-apoptotic factor in HUVECs. Hypoxia and serum-deprivation enhanced TNF-α and VEGF expression in HUVECs (Fig. 2A). The expressions of TNF-α and VEGF in HUVECs transfected with TNFR-1 or SHP-1 siRNA were not significantly different (p > 0.05) from those in HUVECs transfected with GFP siRNA (Fig. 2B and C). Despite enhanced expression of TNF-α, which is known to downregulate KDR/Flk-1 and eNOS expression in ECs [5,18,19], the expression levels of KDR/Flk-1 and eNOS were enhanced in HUVECs with TNFR-1 or SHP-1 siRNA transfection at day 1 and 2 after culture in the serum-deprived hypoxic condition (Fig. 2A, D, and E). Previous studies have shown that suppression of TNFR-1 or SHP-1 might increase KDR/Flk-1 expression [5,15]. Consequently, enhanced KDR/Flk-1 expression could increase eNOS expression [20]. The expression of the anti-apoptotic factor (Bcl-xL) was enhanced by silencing of TNFR-1 or SHP-1 (Fig. 2A and F), whereas the expression of the pro-apoptotic factor (Bax) was reduced in TNFR-1 or SHP-1 siRNA-transfected HUVECs compared with GFP siRNA-transfected HUVECs (Fig. 2A and G). These results are consistent with a previous report demonstrating that knock-down of SHP-1 by siRNA reversed the inhibition of STAT3 activation, thereby increasing the expression of STAT3-regulated gene products such as Bcl-2 and Bcl-xL [21]. SHP-1 has a direct effect on apoptosis in many cell types [10–12] by binding to death receptors such as TNFR-1 and FAS-R and by blocking anti-apoptotic signals [12,22]. Because TNFR-1 is also required to induce TNF-α-mediated apoptosis in ECs, knockdown of TNFR-1 may inhibit EC apoptosis by neutralizing TNF-α bioactivity [23]. Therefore, the decrease in Bax expression might result from reduction in apoptotic signals in ECs by silencing of TNFR-1 or SHP-1.

Apoptosis of HUVECs cultured under hypoxic and serum-free conditions was significantly reduced by silencing TNFR-1 or SHP-1 expression. Favorable changes in gene expression profiles induced by TNFR-1 or SHP-1 siRNA delivery (Fig. 2) may inhibit EC apoptosis and enhance EC proliferation. A cell apoptosis assay (TUNEL staining) at day 2 after culture showed that apoptosis was more extensive in GFP siRNA-transfected HUVECs than in TNFR-1 or SHP-1 siRNA-transfected HUVECs (Fig. 3A). The portion of TUNEL-positive cells was much higher in HUVECs with GFP siRNA than in HUVECs with TNFR-1 or SHP-1 siRNA (p < 0.01, compared to GFP siRNA, Fig. 3B). Additionally, TNFR-1 or SHP-1
siRNA-transfected HUVECs showed greater cell proliferation than GFP siRNA-transfected HUVECs at days 1 and 2 after culture under hypoxic (1% oxygen) and serum-deprived conditions \( (p < 0.01, \text{compared to GFP siRNA, Fig. 3C}). \) In vitro culture conditions with low oxygen content and lack of survival growth factors mimic the microenvironment in ischemic tissues. We hypothesize that in vivo delivery of siRNA for TNFR-1 or SHP-1 may have utility for the treatment of ischemia via their angiogenic and/or anti-apoptotic effects on ECs. Of note, the administration of soluble TNFR-1 gene as an antagonist to TNF-\( \alpha \) to interrupt signal pathways dependent on TNF-\( \alpha \) has been reported to increase angiogenesis in ischemic tissues \([14,15]\). Injection of plasmid vector-based siRNA targeting SHP-1 also significantly reduced cardiomyocyte apoptosis and the infarcted area in ischemic myocardium \([12]\).

The administration of siRNA targeting TNFR-1 or SHP-1 stimulated capillary formation by HUVECs under hypoxic and serum-deprived conditions. When cultured onto GFR-Matrigel, TNFR-1 siRNA- and SHP-1 siRNA-transfected HUVECs showed more extensive capillary structure compared to GFP siRNA-transfected HUVECs \( (p < 0.01, \text{compared to GFP siRNA group}). \) The number of lumen and tubes formed by HUVECs was significantly higher in TNFR-1 or SHP-1 siRNA group than in GFP siRNA group \( (p < 0.01, \text{Fig. 4D and E}). \) This result suggests that the capacity of ECs inducing angiogenesis under ischemic conditions could be enhanced by silencing molecules with anti-angiogenic effects, such as TNFR-1 and SHP-1.

RNAi therapeutics for ischemic diseases. Exploration of potential targets that are involved in more critical signaling in ischemic pathology \( \text{(e.g. PHD1, an oxygen sensor that regulates the stability of the hypoxia-inducible factors under ischemia \([24]\)) should be performed together with the development of efficient delivery vehicles for systemic or local siRNA delivery to ischemic tissues.\)

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**References**


![Fig. 4. Capillary formation by siRNA-transfected HUVECs cultured for 2 days under hypoxic (1% oxygen) and survival factor-deprived (EBM-2 basal medium with no serum and growth factors) conditions. When cultured onto GFR-Matrigel, HUVECs transfected with siRNAs for (A) TNFR-1 and (B) SHP-1 showed more extensive capillary structure formation, compared to HUVECs transfected with (C) GFP siRNA (100×). Scale bar indicates 200 μm. The density of (D) lumens and (E) tubes in the vascular structures generated on GFR-Matrigel \( (p < 0.01, ^* \text{compared to GFP siRNA group}). \)](image-url)


